



Are you drinking too much coffee?
Is a gluten-free diet right for you?
What about a high protein diet for weight loss?



NUTRIGENOMI[®]
EAT ACCORDING TO YOUR GENES

Genetic Testing for Personalised Nutrition

NEW TEST
45 genetic markers

The answer may be in your genes

In 480 BC, Hippocrates noted that “positive health requires knowledge of man’s primary constitution”. This was just an ancient way of saying that we cannot achieve optimum health without knowing about our genes. We now know that specific variations in our genes can explain how we will respond to the foods, beverages and supplements we consume.



Learn how your genes can affect:

Cardio-
metabolic
Health

Nutrient
Metabolism

Weight
Management

Food
Intolerances

Eating Habits

Physical
Activity

Injury Risk



About Nutrigenomix®

- Comprehensive genetic test consisting of 45 genetic markers.
- Developed by world-renowned researchers.
- Genetic tests are based on the most robust scientific evidence.
- DNA is analysed using a simple saliva sample.
- Personalised recommendations developed based on your unique genetic profile.
- Contact your healthcare provider to get started and *eat according to your genes!*

To learn more
about Nutrigenomix®
contact:



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